ORDER FORM & ORDERING INFORMATION

Please select the items you are interested in purchasing. Choose the qty, size and highlight the variation you would like *Please state at the time of ordering if you have any allergies, or specifically require gluten free or vegan.*



Please then call the contact number for your local store, listed below and they will process your order over the phone and take payment. We will only charge you for items that have in stock and are able to supply

Due to current supply issues we are unable to confirm stock and therefore prices, therefore we will be supplying various brands in order to be able to continue to help people who need items delivered. Please be assured that any brands we choose will always be of the highest quality and from reputable suppliers to our shops and organic where possible.

We are supplying brands that we currently stock in the shops and we can assure you we are not putting any mark ups on any prices

We have listed here just a selection of the products we have in store to make it easier for customers to see what they can order, however if you would like to purchase something that is not on the form and we have it in stock we will happily add it to your order.

Please note that all items are all restricted to 2 per customer (unless stated otherwise)

Thank you for your order -Best Health Food Shop

CONTACT NUMBER

Please see below

| | SIZE | QTY | VARIATION | GF / VEGAN |
|----------------------|------|---------------|------------------|------------|
| PASTA | | | | |
| Penne | | | WHITE/ WHOLEMEAL | |
| Fusilli | | | WHITE/ WHOLEMEAL | |
| Spaghetti | | | WHITE/ WHOLEMEAL | |
| RICE | | | | |
| Basmati | | | WHITE/ WHOLEMEAL | |
| Long grain | | | WHITE/ WHOLEMEAL | |
| Short Grain | | | | |
| Gnocchi | | | | |
| FLOUR | | | | |
| Plain | | | WHITE/ WHOLEMEAL | |
| Self Raising | | | WHITE/ WHOLEMEAL | |
| Bread flour | | | WHITE/ WHOLEMEAL | |
| Spelt | | | WHITE/ WHOLEMEAL | |
| Chickpea | | | WHITE/ WHOLEMEAL | |
| Buckwheat | | | | |
| OATS | | | | |
| Jumbo | | | | |
| Rolled | | | | |
| CEREAL | | | | |
| Muesli | | | | |
| Bran flakes | | | | |
| Granola | | | | |
| Alphabites | | | | |
| Mesa Sunrise | | | | |
| BEANS | | | | |
| Aduki Beans | | | DRIED / TINNED | |
| Black Bean | | | DRIED / TINNED | |
| Butter Beans | | | DRIED / TINNED | |
| Brown Lentils | | | DRIED / TINNED | |
| Cannellini Beans | | | DRIED / TINNED | |
| Chickpeas | | | DRIED / TINNED | |
| Green Lentils | | DRIED / TINNE | | |
| Haricot Beans | | | DRIED / TINNED | |
| Kidney Beans | | | DRIED / TINNED | |
| Red Split Lentils | | | | |
| Yellow Split Lentils | | | | |
| | | | • | |

| CONTACT NUMBER | | 1 10000 | SEE DEIOW | |
|--------------------|------|---------|--------------------|------------|
| | SIZE | QTY | VARIATION | GF / VEGAN |
| DRIED FRUIT | | | | |
| Apricots | | | | |
| Apple Rings | | | | |
| Banana Chips | | | | |
| Cranberries | | | | |
| Goji Berries | | | | |
| Mango | | | | |
| Dates | | | | |
| Prunes | | | | |
| Raisins | | | | |
| Sultana | | | | |
| NUTS / SEEDS | | | | |
| Almonds | | | | |
| Almonds - blanched | | | | |
| Brazil Nuts | | | | |
| Cashews | | | | |
| Chia Seeds | | | | |
| Hazelnuts | | | | |
| Pecan Halves | | | | |
| Walnuts | | | | |
| Pumpkin Seeds | | | | |
| Sunflower Seeds | | | | |
| SPREADS | | | | |
| Marmalade | | | | |
| Strawberry Jam | | | | |
| Peanut Butter | | | SMOOTH/ CRUNCHY | |
| SUGAR /SWEETENERS | | | | |
| Honey | | | SET/RUNNY | |
| Maple Syrup | | | | |
| Agarve Syrup | | | LIGHT /DARK | |
| Date Syrup | | | | |
| Brown Rice Syrup | | | | |
| BREAD / CRACKERS | | | | |
| Ranas GF Loaves | | | | |
| Rice / Corn Cakes | | | | |
| Oatcakes | | | | |
| Rye Bread (Biona) | | | | |
| . ! | | | | |

| | SIZE | QTY | VARIATION | GF / VEGAN | | SIZE | QTY | VARIATION | GF / VEGAN |
|---|-------------|------------|----------------------|------------|---|------------|-----------|--------------------|------------|
| STORE CUPBOARD | | | | | TOILETRIES | | | | |
| Olive Oil | | | | | Toothpaste - adult | | | | |
| Apple Cider Vinegar | | | | | Toothpaste - Kids | | | | |
| Baked Beans | | | | | Shampoo | | | | |
| Tomato Ketchup | | | | | Conditioner | | | | |
| Tomato Puree | | | | | Shower Gel | | | | |
| Chopped Tomatoes | | | | | Shampoo Bar | | | | |
| Mayonnaise | | | | | Conditioner Bar | | | | |
| Engevita | | | | | Tampons | | | | |
| Soup (tinned) | | | | | Sanitary Towels | | | | |
| Apple puree | | | | | | | | | |
| Vegetable Stock | | | | | HOUSEHOLD | | | | L |
| CHILLED / FROZEN (III | imited deli | very capac | ity for these goods) | | Washing Up Liquid | | | Bio D / Ecover | |
| Yoghurt | | | , | | Laundry Liquid | | | Bio D / Ecover | |
| Butter | | | | | Fabric Conditioner | | | Bio D / Ecover | |
| Cheese | | | | | Multi surface cleaner | | | Bio D / Ecover | |
| Tofu | | | | | Soap - bar | | | Glycerine / Solid | |
| Kombucha | | | | | Handsoap liquid | | | Faith In Nat / Eco | |
| Pizza (vegan) | | | | | Toilet Roll only 1 per customer | | | | |
| Burgers | | | | | SUPPLEMENTS | | | | |
| Sausages | | | | | Vitamin C | | | | |
| Clives Pies | | | | | Echinacea | | | | |
| Clives Fles | | | | | Probiotics | | | | |
| DRINKS | | | | | Vitamin D | | | | |
| | l | | | I | Zinc | | | | |
| Teabags Ground Coffee | | | | | OTHER | | | | |
| Coffee Beans * | | | | | | | | <u> </u> | |
| | | | | | Tissues | | | | |
| Water | | | | | Wipes | | | | |
| Soya Milk | | | | | Antibacterial Hand Gel | | | | |
| Oat Milk only 1 per customer | | | | | Baby wipes Eggs -1 box of 6 only per | | | | |
| Almond Milk | | | | | customer | | | | |
| Rice Milk | | | | | Wine / Beer / Spirits* | | | | |
| * Only available in Tunbridge | Wells and | Worthing | | | * ONLY AVAILABLE IN SHOREH | AM AND T | UNBRIDG | E WELLS | |
| OTHER ITEMS MANUALLY ADDED TO ORDER | | | | | | | | | |
| NAME | | | | | | | | | |
| ADDRESS | | | | | | | | | ļ |
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| | | | | | | | | | |
| TELEPHONE | | | | | | | | | |
| EMAIL ADDRESS | | | | | | | | | |
| ACCOUNT NUMBER | | | | | TOTAL ORDER VALUE | | | | |
| | | | | | | | | | |
| FOR SHOP USE ONL | Y - PLE | 4SE WF | RITE IN BLOCK | CAPITAL | LS. Please attach receipt to form and ret | urn to cus | stomer wi | th order | |